

Beyond The Surface Permanent Makeup

Pre Care Instructions:

All clients must be off **Retin A** or **Renova** 30 days prior to all procedures. Clients must be off **Accutane** for one year, prior to all procedures.

Eyeliner - Please bring eyeglasses if you wear contact lenses, to all appointments! You must wear eyeglasses for **3 days** post procedure. After 3 days, you may resume wearing contacts that are clean or new! No lash perms or tinting should be done within 3 days of this procedure and 30 days post procedure. If you wear fake eyelashes you cannot wear them before, during, or until healing is complete post procedure.

Lip - If a client has **ever** had (**even years ago**) a fever blister, cold sore, or shingles it is necessary that you obtain a prescribed anti viral medication from your doctor or dentist. Activation of **Fever Blisters** is a very common side effect of lip tattooing. Please avoid any depilatory or bleaching agents on your lips 3 days before any lip procedure and 30 days post procedure.

Eyebrow - No professional tweezing, waxing, or tinting of eyebrow hairs should be done within 3 days of this procedure.

Please use only new mascara/ lipstick and clean makeup after all procedures. It is important not to be exposed to bacteria. This can cause a secondary infection. It is also important not avoid sun exposure pre and post procedure. This includes tanning beds.

After Care Instructions for all Procedures

- • Do not get your tattoo wet in the first 24 hours following the procedure. After 24 hours, avoid hot water and direct water pressure while healing, approximately 2 weeks.
- • Avoid strenuous activity for 2 days following procedure.
- • Do not compress your face in a pillow while sleeping, especially during the first few days.
- • Do not swim in fresh, salt, or chlorinated water for 2 weeks. Avoid environments that would cause dirt or germs to come in contact with the area while healing.
- • Avoid the sun and tanning beds **pre and post** procedure. Sun will lighten the color.
- • Do not apply topical cosmetics over area during the healing process, approximately 2 weeks.

Eye Liner- After Care

Do not let your eyes get wet in the first 24 hours following the procedure. If you must wash your face or shower avoid getting the eye area wet. (Facial cleansing cloths and baths are recommended)

Do not let the eyeliner become dry in the first 24 hours.

Only use the after care ointment provided, for the first 3-4 days. Apply a few times each day, and always in the morning and at night. **Use a fresh Q-tip for every application.**

Keep the area clean and blot off any oozing.

Itching is common. Eyes may be swollen and tender for a few days. This is **normal** and will dissipate after a few days. Swelling can be at it's peak on the following morning (post procedure) sleeping with your head slightly elevated can help reduce any residual swelling of the eyes. Sleeping with a towel or t-shirt over your pillowcase is recommended for the first few nights as residual pigment may cause soiling. An ice pack protected with a barrier of film or paper towel can be used for swelling. Icing is most effective during the first 24 hours. Please **do not** ice for more than 10 minutes at a time.

In the morning, if your eyes are stuck together, use a clean wet Q-tip and gently separate. **Do not rub, peel, or pick.**

Eyes heal very well, however, it is possible to be exposed to a secondary **infection** like conjunctivitis. Seek **medical attention** for an antibiotic-steroid eye drops.

Eyes are sensitive to pet dander, gardening, dust and dirty hands. Avoid environments that would cause exposure to these, dirt or germs while healing, (approximately 2 weeks).

Avoid the sun and tanning beds **pre and post** procedure. UV protective sunglasses add wonderful protection from the sun.

Avoid hot water, direct water pressure, pools, and other bodies of water until healed.

Avoid all creams around the eye area, for approximately 2 weeks.

If ointment causes irritation, please discontinue and contact your technician for an alternative crème.

Always use a brand new tube of mascara after each eyeliner procedure.

Eyebrow - After Care

Do not let your eyebrows get wet in the first 24 hours. If you must wash your face or shower avoid getting the eyebrow area wet. (facial cleansing cloths are recommended)

Do not let the brows get dry or crusty.

Please apply after care ointment for **5 days** (for permanent procedures) or **3 days** (semi-permanent). Apply ointment multiple times a day, and always in the morning and at night. **Use a fresh Q-tip for every application.** For best results you should continually have a layer of ointment coating the brows (as thin as you would wear chapstick).

Some swelling, redness, and/or itching is normal and to be expected.

Avoid the sun and tanning beds **pre and post** procedure.

Avoid hot water, direct water pressure, pools, and other bodies of water until healed.

Do not pick or rub the area.

Brows will oxidize and **get darker before they soften** in healing. **This is normal.**

Lip Liner and Full Lip After Care

Do not wash your lips for the first 24 hours. If you must wash your face use a facial cleansing cloth.

Please be advised it is a good idea to **brush your teeth with just water for the first 72 hours**, post treatment.

Lips will feel swollen and **very dry** after your procedure. Apply after care ointment several times a day.

This should be done for at least **14 days** post treatment. **Do not** allow lips to become dry. This may interfere with healed color. During the day if lips feel dry, apply a liberal amount of ointment. Just **tap** on skin as opposed to rubbing it in.

After the lips are no longer tender to the touch they may become flaky. This is normal and is expected.

Please **do not** pick or scratch them.

Avoid the sun and tanning beds **pre and post** procedure. Be sure to use a lip balm with SPF 30 once lips are healed, approximately 2 weeks.

Do not use any Glycolic, Hydroxy, or fruit acid products on lips.

Avoid hot water, direct water pressure, pools, and other bodies of water until healed. Please avoid any friction to lip area.

You can resume wearing lipstick once lips are healed, approximately two weeks. **Use a new lipstick after all lip treatments.**

Redness, swelling, tenderness, and dryness are all common post treatment side effects and will dissipate in a short period of time. It is best to avoid oily, salty, acidic foods, and alcohol while healing.

Lips are a muscle and will need **2 to 3 sessions** to complete this procedure. **Lips are unpredictable.** Some clients will yield very strong lip color. Others will only heal with slight color uptake. This will vary on an individual basis. Clients with sun damage, scar tissue (from injury or fever blisters) and clients with implants may not have strong results. **Hyperpigmentation** (darkening) can happen on any lip without warning. Fever blisters are a known side effect of all lip procedures. Clients are asked get a prescription for an anti-viral medication (Valtrex) from their doctor prior to any lip procedure, to help avoid an outbreak.

Lip retouch must be scheduled 30-45 days apart from initial session to help with color retention.

Lips heal in three stages: too dark – too light – just right. This takes one month to happen.

Beyond The Surface Permanent Makeup

Healing Chart

Eyeliner

Days

- 1-2 Liner will appear thicker, darker and swollen (*ice may be used to reduce swelling*)
- 3-4 Pigment begins to lift away with a tight peeling. Some itching is normal – do not pick at area (apply an ice pack for relief)
- 5 The color will begin to clarify to it's final result

Eyebrows

Days

- 1-2 Color will be darker and bolder in width (*keep moist with Aquaphor*)
- 3 Exfoliation will begin causing the excess pigment surrounding the eyebrow procedure to flake away and the eyebrows will appear narrower
- 4 Eyebrows may itch, this is normal – do not pick at the area (use an icepack for relief)
- 5 Color finishes flaking off and the eyebrows will appear softer
- 6-14 Color clarifies to final results

Lips

Days

- 1-2 Lips will appear darker and swollen when first done. Keep area moist
- 3-4 Exfoliation may begin and color may appear with a slight orange effect
- 5-6 Lips may be very chapped and lips will begin to lighten
- 7-14 Color may look like it is totally gone, do not be concerned this is all part of the process
- 15-21 Color begins to bloom – lips may remain dry. Use a good lip balm with SPF 30 to help